

**Margie Deutsch Lash, MEd, IBCLC, RYT**  
**Partial Presentation Topics List - June 2008**

**Session Descriptions:**

**Breastfeeding the Older Baby – Part 1**  
**Benefits to Mother, Child and Beyond**

This session will include information on the reduced risks that mothers and babies achieve by breastfeeding beyond the first six months of life with respect to cancer, diabetes, respiratory infections, osteoporosis and obesity. Issues of child development as they relate to breastfeeding will be covered.

**Breastfeeding the Older Baby – Part 2**  
**Common Challenges**

The discussion of some of the barriers families face regarding breastfeeding the older baby will include Plugged Ducts, Night waking, Teething, Fertility Issues and Extended Breastfeeding/Weaning.

**Breastfeeding Related to Child Developmental Milestones**

Infant and child developmental milestones will be discussed within the context of the breastfeeding relationship. Topics included in the presentation will be nutritional issues, bonding and attachment, development of the relationship between mother and child, and communication skills. Both psychological and physical development will be included in the discussion relative to the importance of breastfeeding through the early childhood period.

**Case Studies of Induced Lactation**

Induced lactation is becoming more popular as adoption and surrogacy are seen as more viable means of becoming a family. Many mothers-to-be are seeking counsel of lactation consultants to assist them in inducing lactation. The case studies presented will give specific information and different strategies.

**Effects of Birth Experience on Breastfeeding Outcomes**

The issues that occur during the birth experience that may affect breastfeeding outcomes, strategies to mediate negative birth experiences and the important elements of successful breastfeeding related to the birth experience will be identified and discussed.

**Basics of Breastfeeding Management**

This topic includes a full discussion of current trends in position and latch, issues related to milk production and milk transfer. Assessment strategies for maintaining a successful breastfeeding relationship are presented.

### **Prevention Strategies for Common Lactation Difficulties**

The concept of prevention verses coping with the problems that often plague lactation are discussed with strategies for prevention emphasized in this intriguing discussion. Strategies to deal with nipple trauma, candidiasis, plugged ducts, and special needs babies will be included in this presentation.

### **Low Milk Production: Herbs and Dietary Influences**

A general discussion about the kinds of foods and herbal supplements that support women with breastfeeding and enhance their milk production is presented in this session.